



1. CHOOSE YOUR ORGANIC GREENS _____

- HOUSE ROMAINE MIX
- SEASONAL GREENS
- OR SUBSTITUTE GRAINS (ORGANIC FARRO & QUINOA)
- BABY KALE
- ROMAINE HEARTS

2. CHOOSE YOUR DRESSING _____

- ACAI-LEMON "MASTER CLEANSE"
 - CLASSIC BALSAMIC DRESSING
 - CHAMPAGNE-SUMAC VINAIGRETTE
 - CHIPOTLE-AGAVE DRESSING
 - TURMERIC-HONEY VINAIGRETTE
 - MISO-GINGER DRESSING
 - PEANUT-SAMBAL DRESSING
 - BLOOD ORANGE POPPYSEED*
 - BARN "RANCH" DRESSING*
 - ROASTED GARLIC CAESAR*
 - EVOO & BALSAMIC VINEGAR
- TOSSED IN *or* ON THE SIDE / LIGHT / NO BREAD

3. CHOOSE SIX MORE FIXINGS _____

- | | |
|--|--|
| <p><i>Raw</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> ARUGULA <input type="checkbox"/> CABBAGE <input type="checkbox"/> CARROT <input type="checkbox"/> CELERY <input type="checkbox"/> CHERRY TOMATO <input type="checkbox"/> CUCUMBER <input type="checkbox"/> DINO KALE <input type="checkbox"/> FENNEL <input type="checkbox"/> JICAMA <input type="checkbox"/> RADISH <input type="checkbox"/> RED ONION <input type="checkbox"/> SCALLIONS <input type="checkbox"/> HERB MIX (CILANTRO, PARSLEY & MINT) | <p><i>Fruit</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> STRAWBERRY <input type="checkbox"/> FUJI APPLE <input type="checkbox"/> MANGO <input type="checkbox"/> GOLDEN RAISINS <p><i>Nuts & Seeds</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> ALMONDS <input type="checkbox"/> CANDIED PECANS <input type="checkbox"/> PINENUTS <input type="checkbox"/> PISTACHIOS <input type="checkbox"/> PUMPKIN SEEDS <input type="checkbox"/> SESAME SEEDS <input type="checkbox"/> SUPER SEED MIX (FLAX, HEMP & CHIA) |
|--|--|

- Cooked & Cured*
- ASPARAGUS
 - MIXED MUSHROOMS
 - SPRING BEANS (PEAS, FAVAS & SNAPS)
 - ROASTED BEETS
 - BLACK BEANS
 - SWEET CORN
 - EDAMAME
 - FULL BELLY FARRO
 - GARBANZO BEANS
 - SNOW PEAS
 - PICKLED ONION
 - NICOISE OLIVES

4. ADD YOUR EXTRAS _____

- CHOPPED MARY'S CHICKEN \$6.95
- GRILLED "ROOSTER" CHICKEN \$7.95
- NORTHERN FRIED CHICKEN \$8.95
- GRILLED BRANDT RANCH STEAK \$9.50
- GRILLED GARLIC GULF SHRIMP \$7.95
- GRILLED ORGANIC KING SALMON \$8.95
- SPICY AHI TUNA TARTAR* \$8.95
- SLICED ORGANIC EGG \$2.75
- NIMAN RANCH BACON \$3.75
- HODO ORGANIC TOFU \$3.95
- ORGANIC QUINOA \$2.75
- ORGANIC COUS COUS \$2.50
- AVOCADO \$2.95

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